

"A must-read for anyone looking to achieve success"

ATTRACTION: *Getting What You Want*



CHECKLIST

You've read the full book, now it's time to start putting the tips into practice. We've gone over a lot of different concepts but ultimately it results in a few simple steps that you just need to implement...

The Law of Attraction

- The law of attraction means that the image you put out, will often define what comes back
 - If you look and feel successful, you will be successful
 - If you act attractive, people will be attractive to you
- This comes down to the subtle cues you send out
- It's also a matter of being:
 - Positive
 - Smiling
 - Confident
 - Well dressed
 - Well groomed
- You will find that opportunities start to present themselves to you if you can do all this

Opportunities

- As opportunities start to be presented, the next key is to take them
 - No opportunity is irrelevant or beneath you, they all add up
 - Learn to say 'yes' more, even if it is hard to tiring to do so
 - You will see later on how this can help you to grow and to get what you want
- ➔ Remember: you make your own luck, you can invite more opportunities by 'putting yourself out there'

➔ Network, go on YouTube, update your LinkedIn, put yourself in places where you can meet members of the opposite sex

Challenges

Challenges will crop up along the way. You can:

- 1) Keep on trying. Play the odds and keep rolling the dice.
- 2) Simply learn to take on more. Don't feel forced to do just one thing when you can in fact do both.
- 3) Don't ask permission and don't wait for a good time. If it's your passion, follow it now and deal with the consequences later.
- 4) See it as a learning opportunity and keep on growing
- 5) Don't fall prey to 'imposter syndrome'. Know your worth and demand it.

Springboarding

- ➔ Don't just allow things to keep happening to you though. Eventually, you need to take the reins.
- ➔ Springboarding means that you are using the success you've amassed in one area in order to succeed in another.
- ➔ Consider the story of Stallone – he became an actor by doing well as a script writer.
- ➔ Look for the non-obvious opportunities that will lead you in a roundabout way to what you want!

Making a Plan

- For all this to work, you need to know your plan
- Know your goals and learn what is most important to you
- Know what you want, know what is just getting in the way – sacrifice those things
- Improve yourself in order to make sure you actually do what must be done
- Consider lifestyle design – don't do what people expect you to do but actually what will make you happy

Finally, make sure that you take time to stop and appreciate all that you have. So often we work so hard toward our goals that we never actually appreciate when we get there. Use a gratitude attitude to make sure you realize when you've 'made it'!